

ELIZABETH J. GOMART, LPC
PSYCHOTHERAPY
INDIVIDUAL COUPLE GROUP

**COVID-19 POLICIES AND WAIVER
(June 1, 2022)**

The World Health Organization has declared the novel coronavirus, also known as COVID-19, a worldwide pandemic which may result in personal injury, illness, permanent disability, and, in some cases, death. COVID-19 is extremely contagious and is believed to be spread mainly from person-to-person contact. As a result, federal, state and local governments as well as federal and state health agencies continue to recommend social distancing and have in many locations and time periods prohibited congregations of groups of people.

Despite the ongoing COVID-19 crisis, and in an effort to provide clients with valuable psychotherapy services in a safe manner, I, **ELIZABETH GOMART, LPC, AND MY COLLEAGUES IN SUITE 505**, have put in place certain preventative measures to reduce the spread and risk of contracting COVID-19 during our sessions.

All visitors to my office (and by extension to Suite 505) will be required to comply with these procedures **UNTIL FURTHER NOTICE**:

1. ONLY PRACTITIONERS AND CLIENTS WHO ATTEST TO BEING **FULLY VACCINATED** WILL BE ADMITTED TO SUITE 505 FOR FACE-TO-FACE, UNMASKED SERVICES;
2. FULLY VACCINATED MEANS THAT THE PATIENT HAS RECEIVED TWO DOSES OF PFIZER OR MODERNA VACCINE AND ANY NUMBER OF BOOSTERS RECOMMENDED BY THE CDC.
3. **UNVACCINATED AND SYMPTOMATIC CLIENTS** WILL CONTINUE TO HAVE THE OPTION OF TREATMENT VIA A HIPAA-COMPLIANT ONLINE PLATFORM PER MUTUAL CONSENT;
4. PRACTITIONERS AND CLIENTS WHO HAVE BEEN **TESTED FOR COVID-19** AND WAITING TO RECEIVE RESULTS WILL VOLUNTARILY REFRAIN FROM IN-PERSON SERVICES UNTIL SUCH TIME AS A NEGATIVE TEST RESULT IS RECEIVED.
5. PRACTITIONERS AND CLIENTS WHO ARE EXPERIENCING ANY OF THE COMMON, KNOWN **SYMPTOMS OF COVID-19 OR OTHER ILLNESS** WILL REFRAIN FROM IN-PERSON SERVICES (FEVER; COUGH; SHORTNESS OF BREATH OR DIFFICULTY BREATHING; SORE THROAT; LOSS OF TASTE OR SMELL; CHILLS; HEAD OR MUSCLE ACHES; NAUSEA; DIARRHEA, WHEN

IN DOUBT, UNTIL AN ALTERNATE DIAGNOSIS CAN BE MADE AND CONTACT YOUR PRACTITIONER FOR GUIDANCE REGARDING IN PERSON ATTENDANCE.

6. **PATIENTS AND PRACTITIONERS WHO HAVE TESTED POSITIVE SHALL FOLLOW CDC RECOMMENDATIONS REGARDING ISOLATION AND MASKING.** PLEASE CONSULT THE CDC CALCULATOR WEBSITE TO DETERMINE NUMBER OF DAYS OF ISOLATION AND MASKING, ALSO COMMUNICATE WITH YOUR PRACTITIONER. <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>
7. PRACTITIONERS AND CLIENTS WHO **TRAVEL OUTSIDE THE DMV AREA OR TRAVEL INTERNATIONALLY** MUST ADHERE TO UP-TO-DATE FEDERAL AND DC GUIDANCE REGARDING THEIR SAFE RETURN TO THE OFFICE AND SUITE. (<https://washington.org/dc-information/coronavirus-travel-update-washington-dc>)
8. CLIENTS AGREE TO **LIMIT TIME SPENT IN THE COMMON WAITING ROOM** PRIOR TO AND AFTER APPOINTMENTS AND TO RESPECT RESTRICTIONS ON SEATING, AS POSTED

Notwithstanding the foregoing, by signing this agreement to comply with these policies and waiver, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk of exposure and/or contracting COVID-19 in connection the provision of services and/or the actions, omissions, or negligence of the above practitioner or any other practitioner in Suite 505. In consideration of these provision of services, you hereby agree to: (a) agree to all policies stated above; (b) waive any claims you or anyone on your behalf may have against myself ELIZABETH GOMART, LPC, or any other practitioners in suite 505; and (c) indemnify, defend and hold harmless ELIZABETH GOMART, LPC or other practitioners in suite 505.

NOTE: All of the practitioners in Suite 505 are independent in their professional activities and/or clinical services, and this document does not create nor imply any business relationship between or among the practitioners in Suite 505, nor any practitioner-client relationship between any practitioner in Suite 505 and any other practitioner's client.

READ, ACKNOWLEDGED, AND AGREED:

PRINTED NAME OF CLIENT

SIGNATURE OF CLIENT.

DATE